

# MOTUS

move. together.

## SPIRITUAL MENTORING PROGRAM



# MOTUS PURPOSE

MOTUS (Latin for “movement”) Teams were created for the sole purpose of helping students move forward by providing spiritual support, direction, and encouragement through our gifted faculty. We believe that the spiritual mentorship of our students will improve the community health of our campus and result in a higher rate of success (both spiritually and academically) among our current study body. By combining our high-quality academics with personal mentoring, students of TBS should be able to reach goals, accomplish tasks, and gain perspective for their spiritual journey.

## Support

MOTUS Teams are designed as a positive and safe place for students to express their aspirations, struggles, and opinions. Students should experience the joy of knowing that their voice is being heard and respected by their mentor and peers, even if they are in disagreement. Hearing the heart of our students will enable our school to effectively support them throughout their time at TBS.

## Direction

After hearing the heart of a student, a mentor’s responsibility is to help guide the student *toward* their healthy goals that result in spiritual and social health and *away* from unhealthy goals that miss God’s purpose for His creation. This direction is given in a respectful, humble manner and is motivated by a love for the student.

## Encouragement

In an age where criticism abounds, MOTUS Teams are designated encouragement meetings. During each meeting, mentors should seek to celebrate the wins of students and applaud them for their Christ-like conduct, their unique gifts, and their hard work. Students should generally leave their meetings with a feeling of positive direction, knowing that they are loved and heard.

Because we believe loving someone includes hard conversations, MOTUS Teams are not above confrontation for the good of a student. Mentors will lean into unwise choices, unbiblical thinking, and harmful behavior in order to seek the wellbeing of the student. With prayer, even those uncomfortable moments will produce spiritual and emotional maturity and a mutual respect between mentor and mentee.

# MOTUS FORMAT

## Overview

MOTUS meetings divide into four specific formats:

- *MOTUS Core Meetings*

*In these meetings, every student in a specific MOTUS Team (i.e. 9th grade boys) meet together and accomplish three specific tasks: (1) Have directed conversation regarding general topics like upcoming events, behavioral issues, academic issues. (2) Complete the MOTUS Journal page individually. (3) Discuss and prepare the next MOTUS Competition. Of course, mentors can choose to use more time to discuss an important topic if they see fit.*

- *MOTUS Pod Meetings*

*In these meetings, only half of the MOTUS members attend in order to have more personal, intimate mentorship with the students. Spiritual mentors use the previous MOTUS Journal page to discuss and direct conversation regarding the topic. Students should see this as an opportunity to speak more freely about their own opinions and struggles. The other half of the MOTUS will be attending study hall during this time. The next week, the two groups switch out.*

- *MOTUS Competitions*

*In these meetings, 2-3 MOTUS teams meet in order to compete against each other and have fun. The object is to develop relationships through teamwork and activity.*

- *MOTUS Inspire Meetings*

*In these meetings, every MOTUS team attends an assembly to hear a guest leader discuss their own personal journey to spiritual, academic, and personal success.*

MOTUS Teams *typically* meet on a four week rotation:

Week 1 - MOTUS Core meeting (all MOTUS members)

Week 2 - MOTUS Pod meeting 1 (½ of MOTUS members, while other ½ has study hall)

Week 3 - MOTUS Pod meeting 2 (½ of MOTUS members, while other ½ has study hall)

Week 4 - MOTUS Competition (MOTUS teams compete against each other)

There are a total of **9** MOTUS Core meetings, **9** MOTUS Pod meetings, and **6** MOTUS Competitions.

In addition, we also have **2** MOTUS Inspire assemblies in which a community or career leader will be interviewed in front of all MOTUS Teams.